

Heat Index Chart with Health Effects and Safety Recommendations

How to use the chart: 1Go to www.wrh.noaa.gov/ps and select your location to obtain the local temperature in Fahrenheit and relative humidity (RH). 2. Find the corresponding temperature and RH on the chart. The box that connects the two numbers will contain the current heat index. 3. Notice the color of this box. 4. Find the box with the same color and read about the health effects of the Heat Index and safety recommendations to follow.
